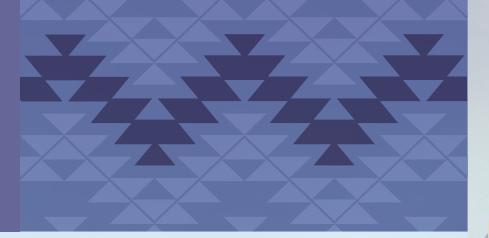
STEP 2 Respect is a coordinated community response to the crisis of sexual assault, domestic violence, dating violence and stalking experienced by our young people.



# Title

#### Gender-Based Violence & Harassment Your School, Your <u>Rights</u>

What is Title IX?

Title IX is a federal law that protects the rights

of all students to learn in an environment free

of discrimination on the basis of sex which can

include sexual harassment or sexual violence.

#### NAYA's Title IX Coordinators

Please contact a Title IX Coordinator to report sexual or gender-based harassment.

Primary Contact: Ashley Thirstrup 503-288-8177 ext. 236

Secondary Contact: Nykke Straws 503-288-8177 ext. 256

Types of Gender-based	Discrimination:
sex stereotypes	$\hfill\square$ sexual coercion
sexual assault	dating violence
stalking	verbal threats
<ul> <li>unwanted and repeated contact</li> </ul>	<ul> <li>sex-based slurs or insults</li> </ul>

Title IX requires that schools take action to eliminate the hostile environment and prevent further victimization.

Students and school employees are both protected from harassment under Title IX.

Definitions and statistics found in this brochure are compiled from the following resources: NAYA Family Center, Strength & Needs Assessment, conducted 2013; Break the Cycle, www.breakthecycle.org; Bureau of Justice Statistics, Intimate Partners Violence in the US, 2005; ACLU Women's Rights Project, www.aclu.org/sexualassault; Stalking Resource Center, www.victimsofcrime.org/our-programs/stalking-resource-center.com.

## Get Info | Find Help Access Resources



**Portland Women's Crisis Line** • pwcl.org 503-235-5333, toll free 1-888-235-5333

National Domestic Violence Hotline 1-800-799-SAFE, TTY 1-800-787-3224

Sexual Assault Hotline • 1-800-656-4673



NAYA Healing Circle • 503-318-5213 5135 NE Columbia Blvd, Portland, OR 97218

Gateway Center • portlandoregon.gov/gatewaycenter 10305 East Burnside Street, Portland, OR 97216

NE Portland Planned Parenthood 3727 NE Martin Luther King Jr. Blvd, Portland, OR 97212

NAYA Step 2 Respect Program nayapdx.org/services/youth-and-education/step-to-respect Brighton Kimbell, Youth Empowerment Advocate (c) 971-313-2117 • (w) 503-288-8177, ext. 220 brightonk@nayapdx.org

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# STEPS RESPECT

Healthy relationships empower youth.

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# Services Training Education Policies

# Who is impacted by Teen Dating Violence?



1 in 3 adolescents in the U.S. is a victim of physical, sexual, emotional, or verbal abuse from a dating partner, a rate far higher than any other type of youth violence.



For every adult woman that experiences intimate partner violence, 3 young women aged 16 to 24 suffer the same thing.



Both men and women who were in physically abusive relationships as teens are 3 times more likely to be in abusive relationships later in their lives.



Rates of Intimate Parter Violence are 30% higher for Native American Men and 50% higher for Native American Women than the next most victimized demographic.



1 out of 10 NAYA Parents believe that youth begin dating as early as age 11-12, while 5 out of 10 students said yes to dating as early as 12 years and younger.



More than 80% of NAYA Parents are not confident in their knowledge of resources for survivors of teen dating violence. Healthy Relationship Behaviors Knowledge of Traditional Ways School Response to Abuse Perpetrator Accountability Survivor Safety



Dating Violence is the use of abusive behaviors by a person to harm, threaten, intimidate or control a current or former dating partner. Dating violence includes but is not limited to:

#### **Physical Abuse**

Any intentional and unwanted contact with you or something close to your body. Sometimes abusive behavior does not cause pain or even leave a bruise, but it's still unhealthy.

#### **Emotional Abuse**

Non-physical behaviors such as threats, insults, constant monitoring or "checking in," humiliation, intimidation or isolation that causes mental or emotional distress.

#### Sexual Abuse

Any sexual behavior or contact that is unwanted by the victim and/or interferes with the victims ability to consent to or control the circumstances.

#### **Digital Abuse**

The use of technologies such as texting and social networking to bully, harass, stalk or intimidate a partner. Often a behavior in the form of verbal or emotional abuse perpetrated online.

#### **Stalking**

A course of conduct directed at a specific person that would cause a reasonable person to feel fear. Stalking is serious, often violent, and can escalate over time.



# **Tips for a Healthy Relationship**

#### Speak Up.

In a healthy relationship, if something is bothering you, it's best to talk about it instead of holding it in.

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**Respect Your Partner.** Your partner's wishes and feelings have value. Mutual respect is essential in maintaining healthy relationships.

#### Compromise.

Disagreements are a natural part of healthy relationships, but it's important that you find a way to compromise.

### Be Supportive.

Offer reassurance and encouragement to your partner. Also, let your partner know when you need their support.

#### **Respect Privacy.**

Just because you're in a relationship, doesn't mean you have to share everything and constantly be together. Healthy relationships require space.

> Be Part of the Change

#### Step 2 Respect Leaders

School group for students to become peer educators on the topic of healthy relationships, and engage in youth and community advisory councils.

#### **Community Response Advisory Council**

Students, parents and elders, and NAYA partners come together to voice concerns, review school policy, and promote prevention and intervention strategies.

#### Safe School Environment



School-wide prevention and education strategies that are available to students through classroom curriculum and to the community through the NAYA website.